

## Detection of multi-antibiotic resistant *Vibrio parahaemolyticus* isolated from fresh produce in Dhaka, Bangladesh

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### ABSTRACT

The demand for fresh produce is rising daily as it's an excellent way to maintain a healthy lifestyle. Thus, the current study aimed to employ culture-based and molecular techniques for isolating and identifying the pathogenic *Vibrio parahaemolyticus* from fresh produce. A total of 112 fresh produces of 14 different types were purchased from vendors. The colonial appearance on thiosulfate citrate bile salt sucrose agar and CHROMagar culture plates revealed the prevalence of *Vibrio* spp. and *V. parahaemolyticus* in all examined samples, which were 45/112 (40.2%) and 40/112 (35.7%), with the highest load of up to  $2.0 \times 10^3$  cfu/g and  $6.4 \times 10^3$  cfu/g, respectively. Sixty isolates in all were chosen for further molecular characterization. Multiplex PCR results exhibited that all tested isolates were positive for *tlh* gene and six for *tdh* gene but none of isolate for *trh* gene. According to obtained data on antimicrobial susceptibility, the major portion of tested strains was found to be resistant to ampicillin (90%), tetracycline (80%), and streptomycin (70%). The range of the multiple antibiotic index was 0-0.33. This study finding revealed that the existence of potential pathogenic *V. parahaemolyticus* in tested fresh produce samples constitutes a risk to public health and consumer safety, thus urging continued surveillance.

### INTRODUCTION

Several government authorities advise eating fresh produce for a healthy diet because of its medicinal and nutritional benefits [1] and low energy content [2]. Fresh produce consumption has significantly increased in recent years in numerous nations, including Bangladesh, the United States, the United Kingdom, Canada, Thailand, and India. As a result, during the past several years, the production of fresh produce on a global scale has increased to 30% rising from 30 to 60 million tons [3]. According to Faostat, the total consumption of vegetables in Bangladesh reached 4049 kt in 2013 and it is 0.226% more than the previous year [4]. Despite the substantial health advantages of fresh produce, outbreaks of food-borne illnesses associated with contaminating fresh produce have grown over the past few decades [5]. Fresh produce may come into contact with bacterial contaminants during the handling of pre-and post-harvest processing [6]. According to several publications [7], *Vibrio* spp. outbreaks of human infections have risen globally during the past ten years. Gastroenteritis caused by *V. parahaemolyticus* is extensively documented due to its increasing outbreaks [8]. *V. parahaemolyticus* can lead to further complications like septicemia when consumed raw or undercooked food or comes into contact with the aquatic environment [8, 9]. *V. parahaemolyticus* is a prevalent food-borne pathogen in Asia [10], and it has been estimated that in Japan, *V. parahaemolyticus* is responsible for 20 to 30% of food poisoning illnesses. Because people frequently eat raw or undercooked seafood in Southeast Asian countries, virulent *V.*



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*parahaemolyticus* strains are to blame for about 50% of outbreaks [11]. Acute gastroenteritis is thought to be caused by the presence of hemolysin genes, such as *tdh*, which codes for the thermostable direct hemolysin, and/or *trh*, which codes for the TDH-related hemolysin, TRH [12]. Vegetable samples tested positive for virulent *V. parahaemolyticus*, according to Tunung et al. [13]. Therefore, it is of the utmost significance to gather data on *V. parahaemolyticus* connected with raw vegetable samples in order to understand the risk of the disease caused by the intake of raw vegetables [13]. Over time *V. parahaemolyticus* has increasingly been found in foods like seafood, meat and meat products, cereal products, egg products, fruits and vegetables, boxed food, and others [12-16]. Global foodborne illness outbreaks are linked to the intake of raw fruits, vegetables, and juices [13, 14]. Foodborne outbreaks responsible for *V. parahaemolyticus* have been documented in Asia, Europe, the US, South America, and Africa [12, 16, 17]. There have been a few cases of *V. parahaemolyticus* in Bangladesh as well [17, 18]. Based on published research in 2020, we know that vegetable samples obtained from several local marketplaces in Dhaka city were the source of *V. parahaemolyticus*, which was isolated based on selected culture medium and biochemical tests [19]. However, as fresh produce production and consumption have increased, worries have been raised regarding the rising incidence of *V. parahaemolyticus* in Bangladesh.

Hundreds of boats and launches every day arrive at and depart from Sadarghat situated in the southern part of Dhaka facilitating communication mostly with the southern districts and many of those boats and launches transport fresh produce from village to city. Many businesses emerge based on this busy port such as markets for fresh produce, wholesale shops, street food shops, restaurants, etc. River water has also been used for washing different goods including fresh produce. Given the rise in fresh produce consumption, there is a chance that the infectious agents in the fresh produce sold in Sadarghat's market places might transferred easily to customers, increasing the risk of outbreaks of food-borne illness. Though the microbiological quality of some fresh produce generally consumed raw in some parts of the world has been reported, but so far as we know information is limited on contamination levels, prevalence, molecular identification and multiple antibiotics resistance profiles of *V. parahaemolyticus* from fresh produce sold at different markets in Sadarghat. Therefore, this study aimed to inquire the presence of *V. parahaemolyticus* on fresh produce sold in Sadarghat, Dhaka, Bangladesh.

## MATERIALS AND METHODS

### Sampling

A total of 112 fresh produce of 14 different types were purchased from vendors who brought fresh produce by big boats from different areas of the southern part of Bangladesh in Sadarghat, Dhaka, Bangladesh. Fresh produce samples were collected in sterile plastic zipper bags separately and transported care-fully to the laboratory in cooler boxes surrounded by ice packs to keep the temperature between 4 and 10°C. Within two hours of collection, the samples were processed for bacteriological investigation.

### Enumeration and phenotypic characterization of *V. parahaemolyticus*

Each fresh produce sample was chopped by a sterile knife in a sterile tray. Twenty-five gm of each chopped sample was aseptically weighed and placed into an autoclaved

homogenizing glass beaker (Pyrex, Germany) containing 100 ml of sterile phosphate buffered solution (PBS; Merck, Darmstadt, Germany) after then agitated on a rotator (Digisystem, New Taipei, Taiwan) for 2 min. The serial dilution plate technique [20] was used for the enumeration of total vibrio count (TVibC). According to this technique, one ml of pre-enrichment sample was transferred to nine ml of sterile normal saline for ten-fold (1:10) dilution and further diluted up to  $10^5$  dilutions based on requirement and spread onto thiosulfate citrate bile salt sucrose agar (TCBS; Himedia, Mumbai, India) using a sterile glass spreader. The inoculated media plates were then incubated at  $35 \pm 2$  °C for 18-24 h. Following incubation, the overall colony count is calculated, and their concentrations in the original fresh produce sample were estimated in cfu/gm. In order to complete the isolation process, one ml of the homogenate sample was enriched in 9 ml of the alkaline peptone water and incubated at 35 °C for 18 to 24 hours. After incubation, suspected colonies on TCBS agar (Himedia, Mumbai, India) as *Vibrio* species were subsequently screened and subcultured once again on plates of TCBS agar (Himedia, Mumbai, India) and CHROMagar (CHROMagar, Paris, France). Colonies of green to blue-green in TCBS agar (Himedia, Mumbai, India) and mauve to pink in CHROMagar (CHROMagar, Paris, France) plates were selected as *V. parahaemolyticus*. Subsequently, the selected bacterial strains were then inoculated onto Gelatin Agar (GA; Himedia, Mumbai, India) plates to check the activity of the enzyme gelatinase for further confirmation. Tryptic soy agar (TSA; Himedia, Mumbai, India) plate was used to maintain and Luria Bertani (LB) broth (Himedia, Mumbai, India) containing 30% glycerol (Nepa, Tangerang, Indonesia) to preserve the pure culture of bacterial isolates. A number of biochemical assays were performed in accordance with the earlier defined approach to identify isolated bacterial strains [21].

### **Molecular characterization of *V. parahaemolyticus***

Sixty colonies from TCBS agar (Himedia, Mumbai, India) and CHROMagar (CHROMagar, Paris, France) plates were selected for further molecular identification. After being inoculated into a 5 ml LB broth (Himedia, Mumbai, India) containing 3% NaCl (Merck, Darmstadt, Germany), isolated colonies of *V. parahaemolyticus* from GA plates (Himedia, Mumbai, India) were kept for an overnight incubation at 37°C. After incubation, the bacterial culture was centrifuged to harvest the bacterial cells. In accordance with the manufacturer's instructions, total genomic DNA was extracted from centrifuged bacterial cells using the RED Extract-N-Amp Tissue PCR Kit from Sigma, St. Louis, MO, USA. The extracted genomic DNA from bacterial cells was tested to detect the presence of species-specific *tlh* gene and virulence *tdh* and *trh* genes for *V. parahaemolyticus* by multiplex PCR method using specific primers (*tlh*-F: aaagcggattatgcagaagcactg and R: gctactttctagcattttctctgc; *tdh*-F: gtaaaggtctctgactttggac and R: tggatagaaccttcatcttcacc; and *trh*-F: ttggcttcgatattttcagatct and R: cataacaacatatgccatttccg) [17]. *V. parahaemolyticus* strain (ATCC BAA-238) was used as positive control. All PCR-amplified products were separated by electrophoresis in a 1.5% agarose gel and visualized under UV light with a GelDoc Go imaging system (Bio-Rad, California, United States).

### **Antimicrobial susceptibility test and multiple antibiotic resistances index**

Twelve antibiotic discs (Oxoid, Thermo Scientific, New York, USA) including ampicillin (10 µg), cefotaxime (30 µg), cefuroxime (30 µg), imipenem (10 µg), gentamicin (30 µg), amikacin (30 µg), streptomycin (10 µg), tetracycline (30 µg), ciprofloxacin (5 µg), nalidixic acid (30 µg), trimethoprim-sulfamethoxazole (25 µg), and

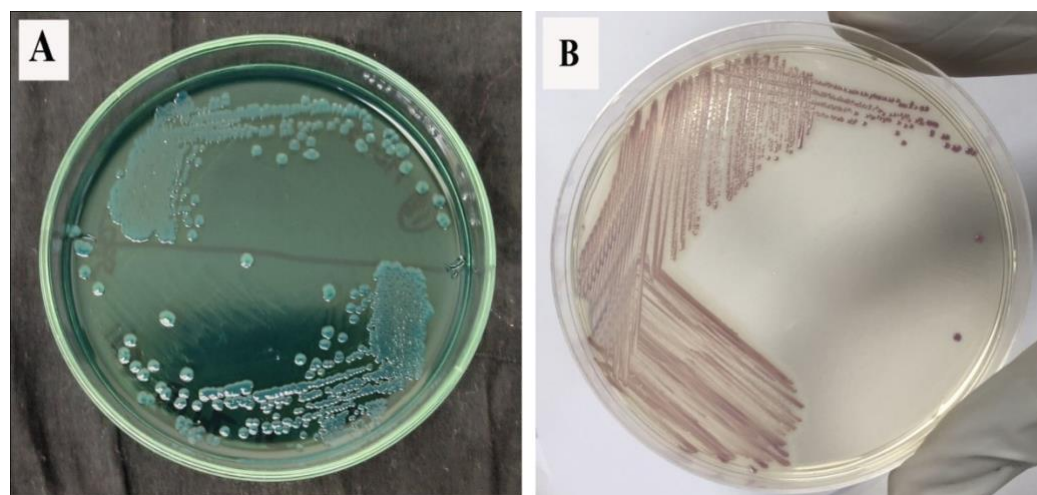
cholramphenicol (30 µg) were used to conduct an antibiogram test of *V. parahaemolyticus* isolates by using the Kirby-Bauer disc diffusion technique [22]. Ten bacterial isolates were inoculated onto Mueller-Hinton Agar (MHA) (Merck, Darmstadt, Germany) and then left to dry for several minutes. Overnight incubation at 37°C was performed with the antibiotic discs (Oxoid, Thermo Scientific, New York, USA) on the MHA (Merck, Darmstadt, Germany) plates. As per the recommendations from the Clinical and Laboratory Standards Institute [CLSI] [23] zones of inhibition were measured in millimeters and classified as susceptible, moderate, or resistant. Following the steps described by Ayandele et al. [24], the multiple antibiotic resistance index (MARI) of each isolate positive for the *tlh* gene to various antibiotics was performed. In the MARI computation, the number of antibiotics to which an organism is resistant was divided by the overall number of antibiotics to which the organism was exposed.

## RESULTS

### Prevalence and phenotypic confirmation of *V. parahaemolyticus* in fresh produce

In the present study, a total of 112 samples were analyzed for isolation of *V. parahaemolyticus* from locally available fresh produce. The prevalence (40.2 %) of vibrios in the total examined samples was 45/112, according to the colonial appearance of yellow, green, and/or blue-green colonies on TCBS agar. The vibrios load of different fresh produce samples ranged from  $1.0 \times 10^1$  to  $2.0 \times 10^5$  cfu/g with the lowest in capsicum and highest in carrot except no count found in lemon. The prevalence of *V. parahaemolyticus* showing green and/or blue-green colonies on TCBS agar and mauve to pink in CHROMagar plates (Figure 1) was 40/112 (35.7%).

In the current study, the load of *V. parahaemolyticus* ranged between  $2.0 \times 10^1$  and  $6.4 \times 10^3$  cfu/g (Table 1). Compared to fresh produce with smooth and rough surfaces, leafy types were more infected with *V. parahaemolyticus* (Table 1). As mentioned in Table 1, sixty (60) isolates were chosen for further molecular analysis.



**Figure 1.** Expected colonies of *V. parahaemolyticus* on A) TCBS agar plate appearing green color colonies B) CHROMagar plate appearing mauve color colonies.

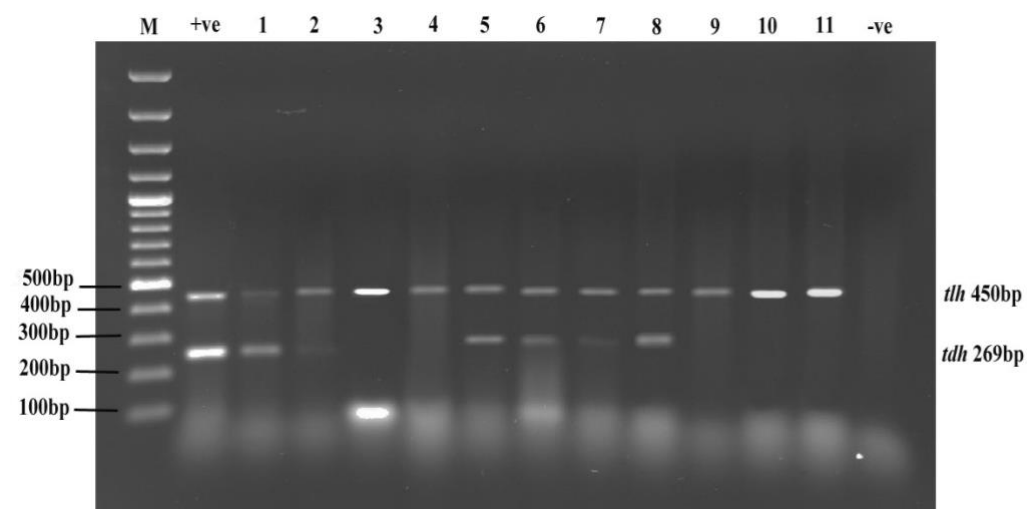
**Table 1.** Prevalence of vibrios from fresh produce based upon cultural and PCR.

| Sample types   | Code | Total number of tested samples | Contaminated with <i>Vibrio</i> spp. | Highest Load of <i>Vibrio</i> spp. (cfu/gm) | Contaminated with <i>V. parahaemolyticus</i> | Highest Load of <i>V. parahaemolyticus</i> (cfu/gm) | <i>tlh</i> (450bp) gene | <i>trh</i> (500bp) gene | <i>tdh</i> (269bp) gene |
|--|------|--------------------------------|--------------------------------------|---|--|---|-------------------------|-------------------------|-------------------------|
| Tomato ( <i>Lycopersicon esculentum</i> Mill.)       | T    | 8                              | 2                                    | 9.0x10 <sup>1</sup>                         | 1  | 2.0x10 <sup>1</sup>                                 | +                       | -                       | -                       |
| Carrot ( <i>Daucus carota</i> L.)                    | CA   | 8                              | 4                                    | 2.0x10 <sup>5</sup>                         | 3  | 1.6x10 <sup>3</sup>                                 | +                       | -                       | +                       |
| Cucumber ( <i>Cucumis sativus</i> L.)                | CU   | 8                              | 4                                    | 4.0x10 <sup>4</sup>                         | 3  | 1.0x10 <sup>3</sup>                                 | +                       | -                       | -                       |
| Capsicum ( <i>Capsicum annuum</i> L.)                | CAP  | 8                              | 1                                    | 1.0x10 <sup>1</sup>                         | 0  | 0   | +                       | -                       | -                       |
| Green chilli ( <i>Capsicum frutescens</i> L.)        | GC   | 8                              | 4                                    | 7.5x10 <sup>3</sup>                         | 4  | 6.4x10 <sup>3</sup>                                 | +                       | -                       | -                       |
| Naga chilli ( <i>Capsicum chinense</i> L.)           | NC   | 8                              | 4                                    | 8.0x10 <sup>3</sup>                         | 4  | 6.3x10 <sup>3</sup>                                 | +                       | -                       | -                       |
| Lemon ( <i>Citrus limon</i> (L.) Burm.)              | L    | 8                              | 0                                    | 0   | 0  | 0   | +                       | -                       | -                       |
| Radish ( <i>Raphanussativus</i> L.)                  | R    | 8                              | 4                                    | 4.1x10 <sup>3</sup>                         | 4  | 2.5x10 <sup>3</sup>                                 | +                       | -                       | +                       |
| Spring onion ( <i>Allium fistulosum</i> L.)          | SO   | 8                              | 4                                    | 1.2x10 <sup>3</sup>                         | 4  | 3.6x10 <sup>2</sup>                                 | +                       | -                       | -                       |
| Long coriander leaves ( <i>Eryngium foetidum</i> L.) | LCL  | 8                              | 3                                    | 3.5x10 <sup>2</sup>                         | 3  | 9.0x10 <sup>1</sup>                                 | +                       | -                       | -                       |
| Coriander leaves ( <i>Coriandrum sativum</i> L.)     | CL   | 8                              | 3                                    | 9.6x10 <sup>4</sup>                         | 3  | 2.1x10 <sup>2</sup>                                 | +                       | -                       | +                       |
| Mint leaves ( <i>Mentha piperita</i> L.)             | ML   | 8                              | 4                                    | 2.4x10 <sup>3</sup>                         | 3  | 5.0x10 <sup>2</sup>                                 | +                       | -                       | -                       |
| Thankunipata ( <i>Centella asiatica</i> (L.) Urban)  | TP   | 8                              | 4                                    | 2.8x10 <sup>4</sup>                         | 4  | 4.0x10 <sup>1</sup>                                 | +                       | -                       | +                       |
| Lettuce ( <i>Lactuca sativa</i> L.)                  | LE   | 8                              | 4                                    | 1.6x10 <sup>5</sup>                         | 4  | 3.8x10 <sup>2</sup>                                 | +                       | -                       | +                       |
|  |      |                                | 45                                   |   | 40   |   |                         |                         |                         |
|  |      |                                | 112                                  | (40.2%)                                     |  |   |                         |                         | (35.7%)                 |

Multiple colonies were chosen for some positive samples because of their color ranges, which on TCBS agar ranged from green to blue-green and on CHROMagar from mauve to pink with comparatively large colony sizes. The multiplex PCR assay for *tlh*, *tdh* and *trh* genes detection was performed for molecular confirmation of the presence of *V. parahaemolyticus* following identification by TCBS agar, CHROMagar culture plates, and biochemical test (data not shown).

### Molecular confirmation of *V. parahaemolyticus* in fresh produce

The *tlh* gene fragment (~450 bp) that is specific for *V. parahaemolyticus* was amplified from all isolates. Detection for *trh* and *tdh* gene fragments in isolates revealed negative results for *trh* gene whereas 6 isolates showed positive results for *tdh* gene (Figure2).



**Figure 2.** Multiplex PCR of *V. parahaemolyticus* acquired from fresh produce samples. Marker (M): 100 bp DNA ladder; + ve control: *V. parahaemolyticus* ATCC BAA-238; Lane 1-11: *tlh* (450 bp) gene amplification visualize band; Lane 1, 2, 5, 6, 7, 8: *tdh* (269 bp) gene amplification visualize band.

Among the *tdh*-positive isolates, 2 (50.0%), 1 (33.4%), 1 (33.4%), 1 (25.0%) and 1 (25.0%) were from lettuce, coriander leaves, carrot, thankunipata and raddish samples, respectively (Table 2). From the samples of tomato, cucumber, green chili, naga chili, spring onion, long coriander leaves, and mint leaves, not a single *tdh*-positive isolate was discovered.

**Table 2.** Virulence-associated *tdh* gene frequency in *V. parahaemolyticus*.

| Sample types  | Code | No. of <i>V. parahaemolyticus</i> positive samples | Number of <i>tdh</i> gene positive isolates | Percentage of <i>tdh</i> gene positive isolates |
|---|------|--|---|---|
| Carrot ( <i>Daucus carota</i> L.)                   | CA   | 3  | 1 (CA4)                                     | 33.4%   |
| Radish ( <i>Raphanussativus</i> L.)                 | R    | 4  | 1 (R3)                                      | 25.0%   |
| Coriander leaves ( <i>Coriandrum sativum</i> L.)    | CL   | 3  | 1 (CL1)                                     | 33.4%   |
| Thankunipata ( <i>Centella asiatica</i> (L.) Urban) | TP   | 4  | 1 (TP7)                                     | 25.0%   |
| Lettuce ( <i>Lactuca sativa</i> L.)                 | LE   | 4  | 2 (LE3; LE8)                                | 50.0%   |

### Antibiotic susceptibility profile of *V. parahaemolyticus* in fresh produce

Antibiotic susceptibility test was performed on six isolates positive for both *tlh* and *tdh* genes and four isolates positive for only *tlh* gene using twelve antibiotics selected from eight different groups. Ampicillin (90%) and tetracycline (80%) were shown to be highly resistant to *V. parahaemolyticus* isolates. Varying levels of antimicrobial resistance were identified against streptomycin (70%), amikacin (60%), and gentamicin (50%). Marked lower antimicrobial resistance was observed against cefuroxime (10%). However, higher frequencies of antimicrobial sensitivity were determined against chloramphenicol (90%) followed by imipenem (80%), ciprofloxacin (80%), nalidixic acid (80%), cefotaxime (70%), cefuroxime (70%), trimethoprim-sulfamethoxazole (70%), and gentamicin (50%) (Table 3 and 4).

Table 4 shows the MARI results obtained in this study. Only one (10%) out of ten isolates gave MARI of < 0.20 and that was isolated from the mint leaves sample (ML2 0.16). Other nine (90%) isolates gave higher MARI (resistant to 3 or more classes of antibiotics).

**Table 3.** Interpretation of antimicrobial resistance profile of *V. parahaemolyticus* isolates.

| Antibiotic class | Antibiotics                   | Disc Code | Concentration | Number (%) of R | Number (%) of I | Number (%) of S |
|------------------|-------------------------------|-----------|---------------|-----------------|-----------------|-----------------|
| Penicillin       | Ampicillin                    | AMP       | 10 µg         | 9 (90.0)        | 1 (10.0)        | 0 (0.0)         |
|                  | Cefotaxime                    | CTX       | 30 µg         | 0 (0.0)         | 3 (30.0)        | 7 (70.0)        |
| Cephalosporin    | Cefuroxime                    | CXM       | 30 µg         | 1 (10.0)        | 2 (20.0)        | 7 (70.0)        |
|                  | Carbapenem                    | Imipenem  | IPM           | 10 µg           | 0 (0.0)         | 2 (20.0)        |
| Aminoglycoside   | Gentamicin                    | CN        | 10 µg         | 5 (50.0)        | 0 (0.0)         | 5 (50.0)        |
|                  | Amikacin                      | AK        | 30 µg         | 6 (60.0)        | 3 (30.0)        | 1 (10.0)        |
| Tetracycline     | Streptomycin                  | S         | 10 µg         | 7 (70.0)        | 3 (30.0)        | 0 (0.0)         |
|                  | Tetracycline                  | TE        | 30 µg         | 8 (80.0)        | 2 (20.0)        | 0 (0.0)         |
| Quinolones       | Ciprofloxacin                 | CIP       | 5 µg          | 0 (0.0)         | 2 (20.0)        | 8 (80.0)        |
|                  | Nalidixic Acid                | NA        | 30 µg         | 0 (0.0)         | 2 (20.0)        | 8 (80.0)        |
| Sulfonamides     | Trimethoprim-sulfamethoxazole | SXT       | 25 µg         | 0 (0.0)         | 3 (30.0)        | 7 (70.0)        |
| Phenicol         | Chloramphenicol               | C         | 30 µg         | 0 (0.0)         | 1 (10.0)        | 9 (90.0)        |

R, Resistant; I, Intermediate; S, Sensitive; n=10.

**Table 4.** Multiple antibiotic resistance index of *V. parahaemolyticus* isolates.

| Antibiotic-resistant pattern | Isolates | No. of antibiotics tested | Total antibiotic resistance | No. of isolates | MAR Index | Frequency of MAR Index in isolates n (%) |
|------------------------------|----------|---------------------------|-----------------------------|-----------------|-----------|--|
| AMP-CN-AK-S                  | LE3      | 12                        | 4                           | 1               | 0.33      | 1 (10)                                   |
| AMP-IPM-AK-S                 | LE8      | 12                        | 4                           | 1               | 0.33      | 1 (10)                                   |
| AMP-CN-AK-TE                 | TP7,CL1  | 12                        | 4                           | 2               | 0.33      | 2 (20)                                   |
| AMP-AK-S-TE                  | R3       | 12                        | 4                           | 1               | 0.33      | 1 (10)                                   |
| AMP-CXM-AK-TE                | CA4      | 12                        | 4                           | 1               | 0.33      | 1 (10)                                   |
| AMP-CN-S-TE                  | CU7,SO3  | 12                        | 4                           | 2               | 0.33      | 2 (20)                                   |
| AMP-S-TE                     | NC7      | 12                        | 3                           | 1               | 0.25      | 1 (10)                                   |
| S-TE                         | ML2      | 12                        | 2                           | 1               | 0.16      | 1 (10)                                   |

AMP, Ampicillin; CN, Gentamicin; AK, Amikacin; S, Streptomycin; IPM, Imipenem; TE, Tetracycline; CXM, Cefuroxime, n=10.

## DISCUSSION

Fresh produce, whether eaten raw or partially cooked, is important for human nutrition due to its high nutritional value and health benefits. Since fresh produce is typically exposed to microbial contamination throughout the entire supply chain, from the farm's production stage to the market and even to the consumer, it can also be a major source of food-borne infections [3]. Poor handling practices and an unhygienic surrounding environment might lead to indirect contamination. Contamination may also happen after harvesting due to contaminated wash water and cross-contamination from a foodhandler with an infection [25]. When fresh fruits and vegetables are washed, rinsed, and sprinkled with contaminated water, they might become infected as well [26]. A study conducted by Nipa et al. [27] also reported fresh produce were highly contaminated and the contamination rate was 100% from Bangladesh. Other studies by Mathur et al. [28] and Mritunjay & Kumar [25] reported that bacterial contamination rate of fresh produce was 85.4–100% from India. The results from all these studies verified that although containing high nutritional compounds and potential health benefits for human, they are also a good source for growth of microorganisms. Since *V. parahaemolyticus* in humans is frequently the causative microorganism of food-borne gastroenteritis, the occurrence of disease-causing strains of this bacterium in fresh produce is quite concerning for public health. Previous studies in Bangladesh have exhibited that fresh fruits and vegetables contains *Vibrio* spp. [19] but our present study revealed firstly the existence and identification of *V. parahaemolyticus* in fresh produce employing culture-based approach and molecular PCR methods. The level of vibrio prevalence in our studied fresh produce samples (40.2%) seems to be higher than that presented by Kabir et al. [29], Biswas et al. [30], Aurin et al. [19], and Igbinsosa et al. [12] in which 14.3%, 20%, 23% and 24.6% respectively of the observed samples were found to be positive to vibrios but close to findings of Okafo et al. (33.3%) [31]. The count vibrio was higher in carrot than tomato and capsicum. Because the surface of carrot was wrinkled, tomato, and capsicum were smooth surfaces. A study conducted by Alemu et al. [6] also observed that smooth surface fresh produce holds less contaminant bacteria. In samples of fresh produce, the detection of *V. parahaemolyticus* reported by Li et al. [32], Tunung et al. [14], Xie et al. [15], Aurin et al. [19], Igbinsosa et al. [12], Tunung et al. [33], and Beshiru et al. [34] was 6.12%, 12%, 7.2%, 6%, 11%, 13.7% and 11.1%, respectively and those results were lower than the current study result (35.7%). While no *V. parahaemolyticus* was found to be positive in fresh produce samples in Korea [35], the frequency of occurrence in vegetables obtained from a wet market in Selangor, Malaysia was 32.05% [13], which was similar with the current investigation. In this investigation, the leafy fresh produce samples were the most often contaminated. Compared to vegetables with smooth surfaces and narrow exposed outer surfaces,

leafy fresh produce is justified in having a larger surface area and a courser surface that makes it easier for contaminants to adhere [6, 33]. Eating raw or slightly undercooked vegetables for preserving flavor and natural taste can, unfortunately, make pathogen attachment and survival easier because of their complex surface and porosity, which leads to food-borne infection and disease outbreaks [36]. Fresh produce samples containing *V. parahaemolyticus* pose concerns for the public's health for people who eat raw or undercooked fresh produce. There is still ambiguity about the entirety of the pathogenicity of *V. parahaemolyticus* [17]. Since certain illnesses are caused by isolates missing *tdh*, *trh*, or *T3SS2*, the risk is significant regardless of whether pathogenic islands are present in genomes of circulating *V. parahaemolyticus* [9]. Out of 60 *V. parahaemolyticus* isolates studied, only 6 percent were *tdh* positive, whereas none were *trh* positive. These findings are not unexpected because the majority of clinical isolates of *V. parahaemolyticus* carrying *tdh* and/or *trh* genes, while strains containing *tdh+* or *trh+* gene found in seafood and environment their prevalence is estimated to be lower, making up 1–10% of isolates [9, 37]. The findings of our investigation correlate with other research that documented food samples contaminated by *V. parahaemolyticus* carrying the *tdh* gene but not the *trh* gene [33, 37]. *V. parahaemolyticus* isolates harboring *tdh* virulent gene also detected from vegetable samples [12, 14, 34]. *V. parahaemolyticus* isolated from fresh produce available in Dhaka of Bangladesh is positive for *tdh* gene being the first published report.

Since penicillin's discovery, the use of antibiotics has greatly improved both human and animal health. Expanding studies have exhibited that the rise in *V. parahaemolyticus* cases, which may be resistant to antibiotics, poses a serious risk to global human growth in the fields of public health and economics [8, 34]. Antibiotic resistance in vibrios is probably mostly caused by the overuse and inappropriate use of antibiotics for bacterial infections prophylactics and the spread of disease-causing microorganisms. Antimicrobial resistance in *Vibrio* strains is acquired by horizontal gene transfer and mobile genetic elements as a result of prolonged exposure to these antibiotics through the environment [38]. Tested antibiotics of the present study are suggested by CDC as treatments for illnesses linked to *Vibrio* species [39]. The majority of the tested isolates in current study showed resistance to ampicillin, tetracycline, streptomycin, amikacin, and gentamicin. These findings are consistent with other studies published in various kinds of sample sources [12, 17, 34, 38] and since these antibiotics are found to be utilized for treating infections in humans, this finding raises concerns for public health. The intrinsic resistance to ampicillin exhibited by *Vibrio* spp. elsewhere is equivalent to the resistance to ampicillin seen in 90% of tested isolates of *V. parahaemolyticus* in this investigation [34, 40, 41]. The rise of resistant bacteria in recent years has decreased the effectiveness of penicillin group, despite being one of the most beneficial antibiotic classes for primary care [38]. In *V. parahaemolyticus*, resistance to ampicillin and streptomycin is quite prevalent [15, 17, 42]. A significant portion of the studied isolates that were recovered from fresh produce showed antibiotic resistance, which is consistent with this trend. Furthermore, in accordance with other studies, a subset of tested isolates from our investigation showed lower resistance to cefuroxime (10%), a third-generation cephalosporin [17]. Similar to this, *V. parahaemolyticus* isolated from the United States was found to exhibit lower cefotaxime resistance by Shaw et al. [39]. Cefotaxime resistance was shown to be higher in Letchumanan et al. [9] and Igbinosa et al. [12] than in the present study. Cefotaxime resistance was shown to be higher in Letchumanan et al. [9] and Igbinosa et al. [12] than in the present study. High susceptibilities to antibiotics such as chloramphenicol (90%), imipenem (80%), ciprofloxacin (80%), nalidixic acid (80%), cefotaxime (70%), cefuroxime (70%), trimethoprim-sulfamethoxazole (70%), and gentamicin (50%) were discovered among



the examined isolates of the present investigation. These findings are in agreement with earlier studies [17, 37, 40, 42, 43] that found most *V. parahaemolyticus* to be susceptible to chloramphenicol and ciprofloxacin. Physicians may prescribe these drugs to treat illnesses linked to *V. parahaemolyticus* as they remain effective against these bacteria [17, 40]. Similar to the study findings of Ahmed et al. [38], every isolate of *V. parahaemolyticus* that was investigated in this investigation showed multidrug resistance (MDR). Additionally, the MDR ratio is closely similar to earlier reports [17, 18, 34].

Multiple antimicrobial resistance to at least 2 antibiotics was shown by all the tested isolates, with a MARI range of 0.16 to 0.33 and this MARI value which is lower and contrasts the findings from previous studies [34] and is similar to earlier reports [17, 18, 37]. In our investigation, 90% of the isolates had a MARI of more than 2, which is higher than in previous investigations [12, 34, 37]. Different sample sources, geographic distribution, and test methodologies could all be contributing factors to the variation in the MARI [12, 13, 34]. The MARI score of 0.2 or higher, which 90% of the isolates in this investigation displayed, is noteworthy and indicates that samples originated from a high-risk contamination source where plenty of antibiotics were utilized [44]. Due to a widespread utilization of antibiotics in modern medicine, aquaculture, agriculture, dairy production, and poultry farming, antimicrobial residues are becoming more and more prevalent in the environment [17]. Fresh produce's ability to harbor Antibiotic resistance (AR) *V. parahaemolyticus* can pose a serious threat to public health in managing and controlling the illness. Antibiotic application, prophylaxis, and treatment regimens are all directly impacted by MDR in *V. parahaemolyticus* [34]. Nevertheless, keeping an eye out it's important to monitor antimicrobial resistance for identifying the efficacy of new generations of antibiotics as well as ensuring food safety [38, 41].

## CONCLUSION

This is the first thorough investigation that details the prevalence, pathogenicity, and antimicrobial activity of *V. parahaemolyticus* isolating from fresh produce in Dhaka, Bangladesh. According to the current study's findings, fresh produce contaminated by pathogenic strains of *V. parahaemolyticus* might put consumers in danger, particularly if they eat raw or lightly cooked vegetables. This investigation exhibited the potential level of *V. parahaemolyticus* contamination in fresh produce, considering the handling practice usually carried out by workers, vendors, and environment in which they display and transport the fresh produce and the possibility of food-related outbreaks of disease; proper and vigorous washing of fresh produce with safe running water before consuming required to reduce the number of microorganisms. Both, food handlers and consumers must adopt good hygiene practices to reduce the risks of foodborne illness through fresh produce as vehicles. The hygienic regulations and recommendations should be properly followed to by those handling various sorts of food. The local vendors are a significant part of the urban food supply chain with the minimal risk of food-borne disease, following control measures should be undertaken to minimize the microbial density of fresh produce. Additionally, the government must step in to protect consumers and ensure that the criterion of safety for these items can be maintained considering the current local circumstances.

Consequently, the results of this study might be employed to guide other investigations evaluating the microbiological quality of fresh produce both sold and grown locally,

helping to develop risk management regulations for Dhaka city as well as the whole country of Bangladesh.

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### AUTHOR CONTRIBUTIONS

SA and ZF designed outlines and drafted the manuscript. FT and MAS collected study samples and SA, FT, MNH, MTA and MAS operated the experiments and analyzed the results data. All authors of present study reviewed and approved the final article.

### CONFLICTS OF INTEREST

There is no conflict of interest among the authors.

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